

Sample itinerary for KS1-3 **Greeks** topic. **One class.**

Class/Location	Time and activity
Everyone School Hall	0900-1015 Interactive demonstration Start with '<u>rolling out a timeline</u>' from today back to the end of the Ancient Greek era and earlier to help the children gain some chronological understanding. Interactive with students holding objects from periods throughout history to illustrate our time-line. Interactive demonstration '<u>Dressing a teacher</u>' as an Ancient Greek noble in a full set of bronze and leather armour- learning about their training and fighting techniques and some of the weaponry that they would have used. We will dress another teacher as a Greek archer to compare the two outfits; how they were made and how effective they were.
	1015-1030 Break
Everyone School hall 2 Groups (A and B) 1 Classroom and playground (Rotation)	1030-1200 Activity <u>Arms and armour</u> Handling session. Children enjoy a detailed insight into the life of a Greek warrior with a close examination of their equipment and what it meant to be fighting on battlefields and the strength, fitness and skill required. (Group A) Activity '<u>Archaeology field work</u>' handling session. Showing the students different equipment and everyday items that have been dug up by archaeologists and using skills to record analyse and draw inferences from some unusual Greek artefacts. (Group B) Activity '<u>Warrior Training</u>'- a hugely popular activity using Hands on History swords and shields (softer and safer child-sized materials) where the children can be put through their paces as ancient warriors as they prepare to do battle with their terrible teachers. Just like Troy but without the sandals.
	1200-1300 Lunch
Everyone Outside Everyone School hall Everyone School hall	1300-1330 Outdoor demonstration '<u>Ancient Greek bow</u>' a controlled demonstration of a replica Greek recurve bow: shooting our specialist safety arrows for height, showcasing the strength of this ancient weapon. '<u>Fire lighting</u>'- A presentation of fire lighting using the Greek 'flint and steel' technique to safely light a ball of straw. 1330-1500 Interactive demonstration '<u>Dressing a family</u>' - A great opportunity to meet some more Ancient Greeks at home (Athenian sunshine not guaranteed). We have outfits for a family and the accessories that went with them which helped them in their various roles. Interactive demonstration Finish with '<u>Ancient Greek medicine and surgery</u>' Hands on History have created a means by which we can diagnose, and cure patients using Ancient Greek ideas about health and healing (which were pretty accurate in some cases. Utter cobblers in others) and even perform surgery with the removal of a lower leg. Guaranteed survival rate and unforgettable experience for the patient and those watching. <u>'Ancient Greek Quiz' and 'Question and Answer' session at the end if time allows</u>